

## PAI LONG COURSE CHAMPIONSHIP 2026 - 01/05/2026 to 03/05/2026

## Results - PAI LONG COURSE CHAMPIONSHIP 2026

## Event 317 Boys 11 Year Olds 400 LC Meter Freestyle

Name	Age Team	Finals Time
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## A - Division

1	Mojdeh, Mikhael Jasper	11 Behrouz	5:31.85
2	Cayco, Cyrion Iñigo	11 Flying Lampasot	5:32.23
3	Tapuro, Gabriel	11 Xavier	5:36.40
4	Soriano, Antonio Emman	11 LA Union Waves	5:37.71
5	Aquino, Jose Franco	11 Pangasinan	5:38.12

## B - Division

1	Caluya, Teo S	11 Poseidon	5:45.16
2	Escamilla, Raizen Rain	11 Water Dragon	5:46.86
3	Ontoy, Arch Rafael	11 NIA	5:47.25
4	Chan, Ethaniel Austin	11 Manila Aquaknigh	6:00.91
5	Lim, Francesco Roberto	11 Manila Aquaknigh	6:09.94
6	Peneiro, Asher Zoe	11 Grey Hawk	7:12.67

## Non-Award Division

---	Chua, Chase	11 Rising Atlantis	DQ
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## Event 317 Boys 12 Year Olds 400 LC Meter Freestyle

Name	Age Team	Finals Time
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## A - Division

1	Suarez, Yvan Kristian	12 LA Union Bull	4:58.78
2	Ancheta, Gideon Elohim S	12 FRSC	4:59.59
	33.02 1:09.79 1:47.06 2:25.28		
	3:03.67 3:42.74 4:21.79 4:59.59		
3	Manotok, Luis H	12 Gators	5:14.59
4	Canovas, John Vincent	12 Grey Hawk	5:18.44
5	Evangelista, Rhed U	12 Betta Swim Team	5:19.69
6	Rayos, Marck Daniel	12 Flying Lampasot	5:20.65
7	Valencia, Yzac	12 Water Dragon	5:21.20
8	Idang, Angelo G	12 Betta Swim Team	5:22.06
9	Juan, Jeremy	12 NIA	5:22.58
10	Raganit, Rence Gherald	12 OISST	5:24.10

## B - Division

1	Andrada, Ron Andrei	12 Pangasinan	5:30.31
2	Maderazo, Drake A	12 Betta Swim Team	5:33.14
3	Pura, Francis Neil	12 Killerwhale Elit	5:33.57
4	Carvajal, Alberto Luis	12 Pangasinan Aqua	5:35.12
5	Cuevas, Josh Evan M	12 PCS	5:36.31
6	De Mesa, Benito Mari	12 NIA	5:36.60
7	Alcala, Xross Andre	12 Ilustre	5:43.75
8	Villamora, Cade Patrick B	12 GSE	5:46.59
9	Refugio, Gavin Harris	12 Surge United	5:56.88

## Non-Award Division

---	Gatchalian, Earl Jarred	12 Kuliat Elite	NS
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## Event 317 Boys 13 Year Olds 400 LC Meter Freestyle

Name	Age Team	Finals Time
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## A - Division

1	Blanco, Jacob Michael T	13 Arctic Current	4:40.72
	30.62 1:05.22 1:41.06 2:17.35		
	2:53.71 3:30.63 4:06.13 4:40.72		
2	Magno, Joaquin Carlos Lu	13 Pangasinan	4:43.42
	32.46 1:08.11 1:44.00 2:20.73		
	2:56.95 3:33.26 4:09.33 4:43.42		
3	Mackenzie, Findlay Jake F	13 Black Dragons	4:44.62
	31.31 1:07.25 1:44.30 2:21.39		
	2:58.37 3:35.40 4:11.97 4:44.62		
4	Maandig, Jayden Ignatius	13 LA Union Bull	4:59.90

5	Cabico, Ashley Bryan	13 FRSC	5:00.38
	33.73 1:11.89 1:50.81 2:29.27		
	3:08.27 3:46.44 4:24.29 5:00.38		

6	Son, Eoghann Shawn G	13 Pca	5:01.28
	33.35 1:11.38 1:50.34 2:29.74		
	3:09.42 3:48.25 4:26.24 5:01.28		

7	Nacnac, Dominic Jose	13 Ilocos Urban	5:01.33
	33.51 1:11.08 1:49.99 2:28.79		
	3:08.16 3:46.97 4:25.18 5:01.33		

8	Roca, Lance Louis	13 NIA	5:02.24
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9	Gaw, Elijah Vince	13 Manila Aquaknigh	5:02.85
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10	Dator,, Dylan Matthew	13 Killerwhale Elit	5:03.63
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11	Daing, Keon	13 Augustus Aquatic	5:05.73
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12	Carter, Sean Christopher	13 Rhinos Swim Club	5:08.07
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	34.73 1:14.19 1:55.06 2:36.59		
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	3:14.97 3:53.50 4:33.36 5:08.07		
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13	Rivera, Francis Adam L	13 PCS	5:08.16
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## B - Division

1	Garcia, Ethan Ryllie	13 Kuliat Elite	5:09.11
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2	Samuels, Christopher	13 LA Union Waves	5:12.33
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3	Bautista, Kael G	13 AHSC	5:12.92
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4	Peneiro, Ryker Zeke	13 Grey Hawk	5:12.96
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	34.24 1:13.67 1:53.68 2:35.01		
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	3:16.28 3:57.17 4:36.58 5:12.96		
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5	Cortez, Ellon Albert P	13 FRSC	5:20.39
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6	Cosidon, Kidd Alsen Mart	13 Manila Sea Titan	5:20.48
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7	Sy, Kean Gavin	13 Augustus Aquatic	5:20.57
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8	Cruz, John Reignald Z	13 FRSC	5:20.68
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## Non-Award Division

---	Hilario, Brennant	13 Aklan Sea Dragon	NS
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## Event 317 Boys 14 Year Olds 400 LC Meter Freestyle

Name	Age Team	Finals Time
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## A - Division

1	Malpas, Jan Dwayne	14 Surge United	4:21.41
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	29.99 1:02.93 1:36.00 2:09.53		
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	2:42.29 3:15.50 3:49.02 4:21.41		
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2	Sia, Titus	14 Xavier	4:25.18
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	29.55 1:02.48 1:36.62 2:10.60		
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	2:45.03 3:19.43 3:53.21 4:25.18		
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3	Barany, Jericho Tobias	14 Pangasinan Aqua	4:26.68
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	29.91 1:02.90 1:37.12 2:11.30		
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	2:45.90 3:20.45 3:54.12 4:26.68		
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4	Talosisg, Audric P	14 Sayap Pirates	4:29.33
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	31.01 1:04.55 1:39.15 2:13.94		
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	2:49.38 3:23.94 3:58.33 4:29.33		
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5	Martin, Albyn	14 AquaGliders	4:36.35
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	31.61 1:07.03 1:42.91 2:18.90		
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	2:54.70 3:30.23 4:05.14 4:36.35		
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6	Tanpinco, Theodore Aaro	14 CK Megalodon	4:43.34
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	31.86 1:06.45 1:42.64 2:19.56		
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	2:56.00 3:32.80 4:08.82 4:43.34		
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7	Lopez, Draco Victor D	14 VVASC-AK	4:45.96
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	31.45 1:07.15 1:44.34 2:20.99		
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	2:58.46 3:35.74 4:12.39 4:45.96		
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8	Binalay, Caleb Jayden	14 Dagupan Sea	4:46.95
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	32.38 1:08.38 1:45.10 2:22.98		
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	3:00.74 3:38.98 4:13.61 4:46.95		
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9	San Luis, Alexis Noel	14 NIA	4:48.09
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	31.80 1:07.38 1:43.61 2:21.59		
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	2:59.00 3:35.91 4:12.63 4:48.09		
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## PAI LONG COURSE CHAMPIONSHIP 2026 - 01/05/2026 to 03/05/2026

## Results - PAI LONG COURSE CHAMPIONSHIP 2026

**A - Division ... (Event 317 Boys 14 Year Olds 400 LC Meter Fr**

Name	Age Team	Finals Time
10 Oyos, Abraham James	14 Arctic Current	4:49.43
32.79 1:08.26	1:45.12 2:21.85	
2:59.81 3:37.04	4:13.60 4:49.43	
11 Nicolas, Uno Miguel	14 Pca	4:51.14
31.81 1:06.71	1:43.55 2:20.29	
2:58.29 3:35.81	4:13.98 4:51.14	
12 Torbela, Mateus Noah	14 Pangasinan Aqua	4:52.19
30.03 1:04.76	1:41.16 2:18.92	
2:57.85 3:36.89	4:15.08 4:52.19	
13 Gabatilla, Ethan Ambrose	14 Sayap Pirates	4:52.43
33.25 1:10.26	1:48.79 2:26.84	
3:04.62 3:41.89	4:18.79 4:52.43	
14 Callangan, Sebastian	14 WaveRunners	4:54.49
31.56 1:08.19	1:46.08 2:24.40	
3:02.98 3:41.51	4:18.75 4:54.49	
15 Tibus, Aehro Jeush	14 CK Megalodon	4:54.56
31.45 1:07.07	1:44.23 2:22.91	
3:01.82 3:41.02	4:18.41 4:54.56	
16 Juan, Adam Jefferson	14 NIA	4:55.90
31.68 1:08.41	1:46.52 2:25.24	
3:04.28 3:43.23	4:21.61 4:55.90	
17 Basuel, Xiarix	14 OISST	4:56.75
18 Reposar, Karl Eitan	14 Surge United	4:57.00
32.26 1:08.43	1:46.67 2:25.00	
3:04.09 3:42.56	4:20.83 4:57.00	
19 Hopilos, Yohan Quincy	14 Perpetual	4:58.68
33.26 1:10.45	1:48.15 2:26.34	
3:04.65 3:43.66	4:21.80 4:58.68	

**B - Division**

1 Bernus, Duke Rayner	14 12 Point 5	5:00.14
2 Cleofe, Kalel	14 SRST	5:00.17
31.54 1:07.83	1:46.28 2:25.04	
3:04.02 3:43.38	4:22.32 5:00.17	
3 Gonzales, Uno C	14 DAX	5:00.77
4 Cabrera, Joaquin B	14 VVASC-AK	5:02.69
33.74 1:12.23	1:51.40 2:29.67	
3:09.57 3:49.89	4:27.79 5:02.69	
5 Doloritos, Flint Sky	14 CK Megalodon	5:05.17
34.48 1:12.98	1:52.31 2:31.66	
3:11.25 3:50.89	4:27.85 5:05.17	
6 Cansanay, Kyle R	14 VVASC-AK	5:06.28
7 Deaño, Khent Josh	14 Pototan Stingray	5:07.12
8 Moros, Sean Gio	14 Legazpi Hydro	5:07.63
34.12 1:12.56	1:52.29 2:31.84	
3:11.84 3:51.77	4:31.35 5:07.63	
9 Rondares, Marc Gabriel	14 Sharknado Swim	5:24.03
10 Cayetano, Phil Alexander	14 SRST	5:30.08

**Non-Award Division**

--- Lim, Akiro Brandon C 14 AHSC NS

**Event 317 Boys 15 Year Olds 400 LC Meter Freestyle**

Name	Age Team	Finals Time
<b>A - Division</b>		
1 Cziomer, Karl Friedrich C	15 AHSC	4:26.18
29.83 1:02.82	1:36.08 2:10.43	
2:44.34 3:18.81	3:52.57 4:26.18	
2 Tadulan, Vynz	15 Augustus Aquatic	4:31.21
30.86 1:04.56	1:39.24 2:14.07	
2:48.91 3:23.96	3:58.71 4:31.21	

3 Villegas, Rafael Felipe	15 Tarlac Mako	4:34.39
31.16 1:04.73	1:40.08 2:14.91	
2:50.09 3:25.64	4:01.07 4:34.39	
4 De Mesa, Alfonso Joaquin	15 NIA	4:38.53
31.14 1:06.63	1:42.91 2:19.34	
2:54.50 3:29.91	4:05.12 4:38.53	
5 Cimini, Mark	15 Pca	4:41.99
29.78 1:05.01	1:41.19 2:17.63	
2:55.03 3:31.83	4:08.47 4:41.99	
6 Jalandoni, Andress P	15 Gators	4:45.37
30.56 1:06.97	1:43.98 2:21.24	
2:58.40 3:34.80	4:10.99 4:45.37	
7 Cadiente, Alejandro Seba	15 Killerwhale Elit	4:45.73
31.66 1:06.15	1:43.43 2:21.66	
2:58.22 3:36.47	4:12.57 4:45.73	
8 Canlas, Charles Ezekiel	15 PCS	4:46.54
32.46 1:07.27	1:44.06 2:19.72	
2:56.54 3:32.51	4:09.79 4:46.54	
9 Ubungen, Marcus Aldrie	15 LA Union Bull	4:47.74
32.15 1:07.87	1:45.38 2:22.76	
2:59.58 3:36.30	4:12.82 4:47.74	
10 Picardal, Marcelino III P	15 PCS	4:47.79
31.64 1:06.57	1:42.56 2:19.35	
2:56.90 3:33.95	4:11.99 4:47.79	

**B - Division**

1 Diestro III, Jose Maria	15 SRST	4:52.87
31.15 1:05.98	1:43.16 2:21.88	
3:00.34 3:38.94	4:15.97 4:52.87	
2 Go, Shawn Andrei T	15 AHSC	4:53.64
33.92 1:09.54	1:47.39 2:25.61	
3:03.54 3:41.68	4:19.18 4:53.64	
3 Edem, Delljohn	15 OISST	4:53.86
32.82 1:09.21	1:47.18 2:25.08	
3:02.26 3:39.79	4:16.89 4:53.86	
4 Ramos, Gezer Paul	15 IEAST	4:54.85
32.30 1:09.09	1:47.71 2:26.77	
3:05.24 3:43.77	4:21.50 4:54.85	
5 Peneiro, Meschak Zair	15 Grey Hawk	4:56.64
31.00 1:07.11	1:45.30 2:23.82	
3:02.27 3:40.44	4:19.38 4:56.64	
6 Leyva, Enzo Miguel	15 NOGCC	4:59.41
7 Lim, Gabriel M	15 PCS	4:59.48
33.22 1:10.54	1:48.15 2:27.19	
3:06.12 3:45.48	4:23.35 4:59.48	
8 Cayowet, Baloga Ramsen	15 North Pine	5:12.94
33.35 1:11.81	1:52.03 2:31.73	
3:12.57 3:52.73	4:33.77 5:12.94	

**Non-Award Division**

--- Raffaele, Lorenzo Mark	15 NOGCC	NS
--- Chua, Tyler MACEN	15 NOGCC	NS

**Event 317 Boys 16 Year Olds 400 LC Meter Freestyle**

Name	Age Team	Finals Time
<b>A - Division</b>		
1 Evangelista, Aishel U	16 Betta Swim Team	4:17.42
28.19 59.90	1:32.29 2:04.88	
2:37.05 3:10.22	3:44.25 4:17.42	
2 Pajas, Zyrhed Phoenix	16 OISST	4:25.36
29.87 1:02.37	1:35.98 2:10.54	
2:44.52 3:19.01	3:52.58 4:25.36	

## PAI LONG COURSE CHAMPIONSHIP 2026 - 01/05/2026 to 03/05/2026

## Results - PAI LONG COURSE CHAMPIONSHIP 2026

**A - Division ... (Event 317 Boys 16 Year Olds 400 LC Meter Fr**

Name	Age Team	Finals Time
3 De Mesa, Benjamin Jose	16 NIA	4:32.89
30.85 1:04.61 1:39.37 2:14.59		
2:49.47 3:24.80 3:59.62 4:32.89		
4 Labor, Rickjireh B	16 OISST	4:36.11
30.21 1:03.76 1:38.08 2:13.05		
2:48.59 3:24.61 4:00.65 4:36.11		
5 Gaston, Edgar Antonio F	16 AHSC	4:37.70
30.90 1:06.00 1:42.33 2:18.50		
2:54.33 3:29.81 4:04.96 4:37.70		
6 Africano, Mark Justine O	16 FRSC	4:37.73
30.36 1:04.39 1:39.18 2:14.79		
2:50.66 3:26.62 4:02.82 4:37.73		
7 Bongotan, Jeanne Domini	16 Baguio Dusky	4:39.53
31.82 1:06.07 1:41.54 2:17.50		
2:53.80 3:29.67 4:05.27 4:39.53		
8 Andaya, Hector Gabriel Q	16 GSE	4:42.43
31.93 1:07.50 1:43.82 2:20.95		
2:56.76 3:33.21 4:08.29 4:42.43		
9 Lomboy, Darren Nathaniel	16 LA Union Bull	4:43.37
32.67 1:08.89 1:44.85 2:21.60		
2:57.89 3:34.44 4:10.35 4:43.37		
10 Arevalo, Yannis Mikah	16 Pca	4:44.63
31.35 1:06.67 1:43.74 2:20.92		
2:58.90 3:36.00 4:11.80 4:44.63		

**B - Division**

1 Buluran, Rodrigo Jose	16 Manila Sea Titan	4:52.65
30.89 1:06.50 1:43.72 2:21.00		
2:58.24 3:35.81 4:14.23 4:52.65		
2 Miguel, Juan Antonino	16 Pca	4:52.68
30.92 1:06.08 1:43.57 2:21.97		
3:00.47 3:39.23 4:16.98 4:52.68		
3 Aclaro, John Tristan	16 Pca	4:56.37
32.45 1:08.38 1:45.49 2:23.33		
3:01.72 3:40.36 4:18.92 4:56.37		
4 Tambiac, Ezekiel	16 North Pine	4:58.02
33.13 1:10.56 1:49.13 2:27.91		
3:06.10 3:44.49 4:22.07 4:58.02		
5 Sarmiento, Alrech Gregor	16 AHSC	5:01.85
33.46 1:10.96 1:48.97 2:27.70		
3:06.13 3:45.60 4:24.03 5:01.85		
6 Tayaban, Jacob	16 Pangasinan Aqua	5:08.42
32.25 1:09.30 1:47.36 2:26.71		
3:07.50 3:48.93 4:29.71 5:08.42		
7 UY, Julian Kaven	16 Manila Aquaknigh	5:10.40
33.46 1:10.48 1:48.41 2:30.04		
3:11.18 3:51.90 4:32.22 5:10.40		

**Event 317 Boys 17 Year Olds 400 LC Meter Freestyle**

Name	Age Team	Finals Time
<b>A - Division</b>		
1 Jose, Ashton Clyde	17 Leviathan	4:23.82
29.75 1:02.42 1:36.23 2:10.54		
2:44.66 3:18.68 3:51.60 4:23.82		
2 Janda, Master	17 Betta Swim Team	4:24.03
29.14 1:01.01 1:33.52 2:06.88		
2:40.93 3:15.76 3:50.17 4:24.03		
3 Thelmo, Enzo Raphael	17 Xavier	4:34.15
30.58 1:03.90 1:37.97 2:12.48		
2:48.26 3:23.35 3:59.65 4:34.15		

4 Gonzalvo, Gilbert Rodevic	17 FRSC	4:37.98
31.35 1:05.24 1:40.53 2:16.47		
2:52.11 3:28.80 4:03.90 4:37.98		
5 Villanueva, John Jeremy F	17 PCS	4:39.15
31.63 1:06.89 1:42.38 2:17.78		
2:53.64 3:30.21 4:05.91 4:39.15		
6 Bersamin, Jamen Rafael E	17 IEAST	4:43.91
30.99 1:05.89 1:41.77 2:17.53		
2:54.49 3:31.60 4:08.99 4:43.91		

**B - Division**

1 Carmona, Dick Angelo	17 BPST	4:48.06
31.83 1:07.42 1:44.39 2:21.59		
2:59.25 3:35.75 4:13.81 4:48.06		
2 Lozada, Isaiah Paul	17 Pca	4:52.15
29.93 1:05.11 1:42.29 2:20.80		
2:59.15 3:37.50 4:15.49 4:52.15		
3 Manzanares, Xander P	17 GSE	4:57.43
31.67 1:06.85 1:43.48 2:21.22		
2:59.56 3:38.77 4:18.48 4:57.43		
4 Garcia, Alexandre Joseph	17 Sharknado Swim	4:59.03
30.36 1:06.32 1:44.88 2:22.92		
3:03.55 3:44.79 4:23.53 4:59.03		
5 Marzan, Khristian Alexis	17 DavSur	5:06.96

**Event 317 Boys 18 Year Olds 400 LC Meter Freestyle**

Name	Age Team	Finals Time
<b>A - Division</b>		
1 Della, Anton Paulo Domir	18 LA Union Bull	4:08.64
28.82 1:00.18 1:32.08 2:03.90		
2:35.88 3:07.19 3:38.88 4:08.64		
2 Sarmiento, Zahjeed Isaac	18 Killerwhale Elit	4:27.27
30.31 1:03.64 1:36.95 2:11.08		
2:45.06 3:19.31 3:53.78 4:27.27		
3 Pascua, Lyon	18 OISST	4:29.54
30.68 1:03.66 1:37.84 2:12.02		
2:46.34 3:20.85 3:55.80 4:29.54		
4 Sajise, Admiel	18 WaveRunners	4:33.45
29.86 1:02.37 1:36.29 2:10.61		
2:45.77 3:22.08 3:57.96 4:33.45		
<b>B - Division</b>		
1 Adalin, Lance Edrick P	18 PCS	4:42.20
31.43 1:06.03 1:42.03 2:18.47		
2:54.84 3:31.31 4:08.04 4:42.20		
2 Bascuña, Koosh T	18 AHSC	4:46.44
31.17 1:05.98 1:42.27 2:19.01		
2:55.88 3:32.52 4:09.89 4:46.44		
3 Geda, Dave Russel L	18 PCS	4:48.20
32.20 1:07.28 1:43.52 2:20.40		
2:57.39 3:34.65 4:12.68 4:48.20		
4 Roa, Joshua Miguel A	18 DAX	4:51.13
31.86 1:07.38 1:44.56 2:21.98		
3:00.00 3:37.70 4:15.03 4:51.13		
5 Panganiban, Alonzo	18 DASH	4:51.61
32.96 1:08.97 1:46.56 2:24.02		
3:00.75 3:38.51 4:15.37 4:51.61		
6 Casas, Paul Vincent	18 Flying Lampasot	5:13.75
33.40 1:13.19 1:53.50 2:35.24		
3:15.25 3:56.68 4:36.50 5:13.75		
7 Geda, Ralph Denver L	18 PCS	5:15.14
35.14 1:12.84 1:52.29 2:32.18		
3:13.23 3:54.22 4:35.10 5:15.14		

## PAI LONG COURSE CHAMPIONSHIP 2026 - 01/05/2026 to 03/05/2026

## Results - PAI LONG COURSE CHAMPIONSHIP 2026

## Event 317 Boys 19 &amp; Over 400 LC Meter Freestyle

Name	Age Team	Finals Time
<b>A - Division</b>		
1 Chu, Alexander Lawrence	22 All Star	4:10.42
28.81 1:00.04 1:32.05 2:03.83		
2:35.54 3:07.33 3:39.13 4:10.42		
2 Daos, Juan Marco Alfonso	21 AHSC	4:22.52
28.90 1:01.61 1:35.70 2:09.37		
2:42.96 3:16.57 3:50.17 4:22.52		
3 Labanon, Paolo Miguel	20 AHSC	4:23.83
30.56 1:03.02 1:36.69 2:10.38		
2:44.82 3:18.36 3:52.15 4:23.83		
4 Apilado, Thirdy S	19 Rising Atlantis	4:25.85
29.48 1:02.62 1:36.55 2:10.66		
2:44.74 3:19.56 3:53.66 4:25.85		
5 Lagman, Reiniel Francis I	24 PCS	4:27.08
29.89 1:02.57 1:35.91 2:10.68		
2:45.54 3:20.51 3:55.03 4:27.08		
6 Del Rio, Joshua Raphael S	23 AHSC	4:32.64
28.84 1:01.07 1:35.02 2:09.85		
2:45.44 3:21.47 3:57.55 4:32.64		

**B - Division**

1 Radovan, Nicholas Ivan	21 Behrouz	4:36.05
30.81 1:04.18 1:39.75 2:15.43		
2:52.16 3:28.34 4:03.28 4:36.05		
2 Balderas, Aldrich	19 QC Waves Swim	4:36.60
29.94 1:03.78 1:38.94 2:14.50		
2:50.72 3:26.87 4:03.21 4:36.60		
3 Malayang, Anton	20 WaveRunners	4:38.77
30.17 1:03.95 1:38.45 2:13.54		
2:49.15 3:26.52 4:03.09 4:38.77		
4 Mangulabnan, Nathan C	23 Pca	4:39.04
31.40 1:06.07 1:41.21 2:16.77		
2:52.66 3:28.72 4:04.87 4:39.04		
5 Bondoc, Arthur Reign C	21 GSE	4:53.26
32.60 1:07.70 1:44.62 2:21.78		
2:59.09 3:37.03 4:15.23 4:53.26		
6 Arenas, Santi L	22 Rising Atlantis	4:56.76
32.01 1:08.23 1:45.42 2:23.07		
3:00.81 3:38.73 4:18.10 4:56.76		

## Event 318 Girls 11 Year Olds 400 LC Meter Freestyle

Name	Age Team	Finals Time
<b>A - Division</b>		
1 Hequibal, Alessandra	11 Flying Lampasot	5:06.26
34.80 1:13.44 1:52.94 2:31.82		
3:11.18 3:50.68 4:29.24 5:06.26		
2 Quinto, Jennelle Vien	11 Legazpi Hydro	5:07.63
33.08 1:11.23 1:51.40 2:31.53		
3:10.97 3:50.89 4:30.32 5:07.63		
3 Ponteras, Junea Nicaela T	11 IEAST	5:22.72
4 Mendoza, Samantha B	11 WaveRunners	5:33.00
5 Fetalvero, Jade Gabrielle	11 OISST	5:41.10
6 Frando, Sofia Keith	11 OISST	5:41.64
7 Dela Roca, Aamir Emorej	11 Coach Roi Swim	5:47.76
8 Yago, Summer Kathryn	11 IEAST	5:49.13
9 Montenegro, Hailey Alexa	11 Tarlac Mako	5:50.11
<b>B - Division</b>		
1 Marcelino, Sophia	11 IEAST	5:54.30
2 Pitiquen, Kelsey Bithiah M	11 Arctic Current	6:00.36
3 Calvez, Franchescka Yoha	11 Leviathan	6:00.55

4 Cosidon, Kievan Ahria	11 Manila Sea Titan	6:05.55
5 Santiago, Sophia Riley	11 Tarlac Mako	6:14.88
6 Guillermo, Kathrina	11 Black Dragons	6:17.98
7 Villanueva, Anna Isabela	11 PCS	6:26.16

## Event 318 Girls 12 Year Olds 400 LC Meter Freestyle

Name	Age Team	Finals Time
<b>A - Division</b>		
1 Alindogan, Riley Maddale	12 Legazpi Hydro	5:01.47
32.39 1:09.44 1:47.72 2:26.79		
3:05.91 3:44.18 4:23.38 5:01.47		
2 Soria, Sky Chelsea D	12 Swagsc	5:03.26
34.81 1:12.16 1:50.53 2:29.31		
3:08.42 3:47.15 4:26.01 5:03.26		
3 Peneiro, Georgia Summer	12 Grey Hawk	5:16.51
4 Domacena, Wiley Rhythn	12 Flying Lampasot	5:20.16
34.76 1:15.62 1:57.42 2:39.69		
3:20.12 4:02.05 4:41.26 5:20.16		
5 Cesista, Arriana June	12 Pangasinan	5:23.75
35.66 1:15.83 1:57.06 2:39.08		
3:22.00 4:03.43 4:44.26 5:23.75		
6 Sianson, Guela	12 The Crocs Swim	5:23.89
34.24 1:13.77 1:53.93 2:35.69		
3:17.79 4:01.25 4:43.94 5:23.89		
7 Arcenal, Elisha Richelle	12 Flying Lampasot	5:25.45
35.88 1:15.76 1:57.41 2:39.90		
3:21.85 4:03.88 4:45.09 5:25.45		
8 Corpuz, Olivia Rose	12 DASH	5:25.57
34.15 1:14.72 1:57.00 2:38.90		
3:20.90 4:03.62 4:44.33 5:25.57		
9 Tanawit, Berst Gaizen	12 OISST	5:26.85
36.97 1:18.31 2:01.09 2:43.01		
3:25.14 4:07.06 4:47.81 5:26.85		
10 Mabilen, Sabina Erin Mor	12 HC Mantas	5:26.97
36.30 1:17.81 2:00.15 2:42.67		
3:25.17 4:07.92 4:48.53 5:26.97		
11 Pojol, Lianne Maxene	12 Westford Dubai	5:28.91
34.60 1:14.93 1:57.85 2:40.59		
3:23.44 4:07.04 4:49.61 5:28.91		
12 Lim, Amaya Jessica C	12 AHSC	5:33.51

**B - Division**

1 Mendoza, Krey	12 WaveRunners	5:38.75
2 Mendoza, Tosha Aiderie	12 OISST	5:40.53
3 Montes, Athena Beatriz	12 Flying Lampasot	5:45.75
4 Raquiño, MA Ana Carmer	12 Ilocos Urban	6:03.73
5 Ramirez, Margaux Chloe	12 LA Union Waves	6:04.97
6 Narito, Andrea Yssabelle	12 PCS	6:07.28
7 Damasco, Sofia Celest	12 SRST	6:10.56
8 Catanjal, Summer Leigh	12 Tarlac Mako	6:20.36

## Event 318 Girls 13 Year Olds 400 LC Meter Freestyle

Name	Age Team	Finals Time
<b>A - Division</b>		
1 Ibarra, Desire	13 LA Union Waves	4:52.22
32.41 1:09.09 1:46.71 2:23.75		
3:02.05 3:40.01 4:17.79 4:52.22		
2 Son, Elyzah Shayne G	13 Pca	4:57.83
33.36 1:10.66 1:48.22 2:26.55		
3:05.15 3:43.33 4:21.57 4:57.83		
3 Serrano, Gavril	13 Westford Dubai	5:05.43
33.21 1:11.27 1:50.64 2:30.57		
3:09.24 3:49.10 4:27.85 5:05.43		

## PAI LONG COURSE CHAMPIONSHIP 2026 - 01/05/2026 to 03/05/2026

## Results - PAI LONG COURSE CHAMPIONSHIP 2026

## A - Division ... (Event 318 Girls 13 Year Olds 400 LC Meter Fr

Name	Age	Team	Finals Time	
4 Maines, Pia Angeli	13	Isarog Swim Team	5:07.20	
			34.39	1:13.40
			1:52.48	2:32.31
			3:11.80	3:51.13
5 Quicio, Markish Douah A	13	Ilocos Sur Aqua	5:08.83	
			35.12	1:13.31
			1:52.64	2:32.11
			3:12.31	3:52.44
6 Abegonia, Alesha Denise	13	Behrouz	5:17.03	
			36.06	1:15.29
			1:55.72	2:35.93
			3:17.46	3:58.38
7 Siasoco, Shauntal	13	Poseidon	5:18.68	
			35.42	1:15.30
			1:56.59	2:37.84
			3:18.89	3:59.81
8 Noceto, Rizehl Norrayne	13	PCS	5:22.05	
			35.80	1:16.14
			1:58.36	2:40.93
			3:23.14	4:04.46

## B - Division

1 Madera, Althea Gil	13	Kuliat Elite	5:31.39	
			36.61	1:18.07
			2:01.66	2:43.61
			3:26.78	4:09.67
2 De Mesa, Megan Lynne	13	Killerwhale Elit	5:35.11	
3 Campos, Gabrielle Victori	13	AASC	5:35.40	
4 Casillan, Julianna B	13	VVASC-AK	5:37.81	
5 Babatuan, Reine Carleene	13	Water Dragon	5:38.59	
6 Carvajal, Elizabeth Naom	13	Pangasinan Aqua	5:41.29	
			36.60	1:18.97
			2:03.61	2:47.64
			3:33.00	4:17.41
7 Eisma, Candice	13	Tarlac Mako	5:44.44	
8 Siao, Caitlin Nadine	13	Pca	5:49.38	
9 Cokeng, Minerva	13	Xavier	5:53.39	
10 Mendoza, Sarie B	13	WaveRunners	5:54.40	
11 Borja, Kirsten Danelle	13	Ilocos Urban	6:07.83	
			40.36	1:26.80
			2:13.65	3:01.84
			3:49.52	4:37.09

## Event 318 Girls 14 Year Olds 400 LC Meter Freestyle

Name	Age	Team	Finals Time	
<b>A - Division</b>				
1 Monzon, Erin Gwyneth	14	Manila Aquaknigh	4:52.39	
			32.49	1:08.47
			1:45.54	2:23.14
			3:00.78	3:38.53
2 Soriano, Allianah Keith	14	Flying Lampasot	5:02.40	
			32.80	1:09.88
			1:48.04	2:26.63
			3:05.90	3:45.81
3 Raagas, Maria Isabella E	14	DAX	5:05.75	
			34.50	1:12.88
			1:52.20	2:31.84
			3:11.24	3:50.77

## B - Division

1 Parker, Cala	14	Dmss Gators	5:18.71	
			35.28	1:13.41
			1:53.60	2:34.08
			3:16.05	3:58.79
2 Ocampo, Gayle C	14	Poseidon	5:19.30	
			35.48	1:16.24
			1:58.21	2:39.04
			3:20.32	4:01.17
3 Viilas, Raziell Pearl	14	DAX	5:19.56	
			35.48	1:15.83
			1:56.74	2:38.05
			3:19.56	4:00.87
4 Gayapanao, Katian Emina	14	Poseidon	5:22.82	
			35.82	1:16.04
			1:57.72	2:39.78
			3:21.33	4:03.30

5 Lirio, Astrid Helena P	14	AASC	5:25.40	
			35.44	1:15.44
			1:57.72	2:40.22
			3:22.87	4:05.07
6 Valdez, Jacci	14	WaveRunners	5:27.55	
			36.60	1:17.92
			2:00.18	2:42.17
			3:24.49	4:07.11
7 Cziomer, Emma Gabriele	14	AHSC	5:38.92	
			36.48	1:18.41
			2:00.67	2:44.74
			3:28.35	4:12.55
8 Ofilas, Ysabella Beatrice C	14	AHSC	5:40.50	
9 Aparri, Rhiane Elisha	14	Surge United	5:48.59	
10 Tabuñar, Maria Beatrice	14	AHSC	5:49.65	
			36.65	1:19.01
			2:03.74	2:48.74
			3:34.52	4:18.96
11 Coronel, Fille Clexa	14	Water Dragon	6:27.77	

## Non-Award Division

--- Canicula, Kaitlin	14	Tabak Yellowfins	NS	
--- Castro, Shaira Jo Y	14	AHSC	NS	

## Event 318 Girls 15 Year Olds 400 LC Meter Freestyle

Name	Age	Team	Finals Time	
<b>A - Division</b>				
1 Mendoza, Jaella Mische A	15	NIA	4:37.59	
			30.89	1:04.75
			1:39.83	2:15.54
			2:51.01	3:27.54
2 Florendo, Liv Abigail R	15	AHSC	4:50.66	
			32.28	1:08.04
			1:45.14	2:22.73
			3:00.21	3:37.85
3 Apilado, Paulette Xavier S	15	HC Mantas	5:02.66	
			33.44	1:11.32
			1:50.28	2:29.41
			3:08.76	3:47.89
4 Balderas, Shannen	15	QC Waves Swim	5:03.73	
			33.43	1:10.92
			1:50.31	2:30.04
			3:09.38	3:48.77
5 Maligat, Clara Ailaham D	15	Behrouz	5:07.61	
			33.78	1:11.90
			1:51.37	2:31.44
			3:11.25	3:51.26

## B - Division

1 Castro, Stephanie Adrienn	15	GSE	5:30.34	
			35.97	1:17.18
			2:00.50	2:43.40
			3:27.35	4:09.75
			4:51.05	5:30.34

## Non-Award Division

--- Fetalvero, Makayla Bettin	15	Swagsc	NS	
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## Event 318 Girls 16 Year Olds 400 LC Meter Freestyle

Name	Age	Team	Finals Time	
<b>A - Division</b>				
1 Bulaga, Kyla Louise	16	OISST	4:39.02	
			31.83	1:06.36
			1:41.52	2:17.59
			2:53.74	3:29.88
2 Ato, Pia	16	OISST	4:50.34	
			33.10	1:09.59
			1:46.97	2:24.57
			3:01.94	3:39.11
3 Rodriguez, Eliana Isabel I	16	Pca	4:53.48	
			31.63	1:07.68
			1:44.98	2:22.90
			3:01.03	3:39.13
4 Montoya, Elisha Ysabelle	16	Behrouz	4:59.62	
			34.87	1:12.45
			1:50.73	2:28.84
			3:07.37	3:45.85

## PAI LONG COURSE CHAMPIONSHIP 2026 - 01/05/2026 to 03/05/2026

## Results - PAI LONG COURSE CHAMPIONSHIP 2026

**A - Division ... (Event 318 Girls 16 Year Olds 400 LC Meter Fr**

Name	Age Team	Finals Time
5 Ting, Santhea Elaine	16 LA Union Bull	5:05.15
34.51 1:12.70	1:52.11 2:31.15	
3:10.37 3:50.29	4:28.32 5:05.15	

**B - Division**

1 Ople, Keisha Jeanne	16 Davnor Blue	5:10.54
34.73 1:13.24	1:52.88 2:32.63	
3:12.54 3:53.45	4:32.45 5:10.54	
2 Lirio, Sabina Ricci D	16 AASC	5:19.95
34.69 1:13.08	1:52.96 2:33.52	
3:14.75 3:57.18	4:39.51 5:19.95	
3 Dayao, Andie C	16 Gators	5:21.83
35.51 1:15.17	1:56.23 2:37.66	
3:19.12 4:00.65	4:42.45 5:21.83	

**Event 318 Girls 17 Year Olds 400 LC Meter Freestyle**

Name	Age Team	Finals Time
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**A - Division**

1 Mole, Kleone M	17 AHSC	4:55.68
32.63 1:08.90	1:47.13 2:24.82	
3:03.20 3:40.58	4:18.89 4:55.68	

**B - Division**

1 Prado, Jyliana Kenisha	17 OISST	5:19.98
33.94 1:13.07	1:53.99 2:35.40	
3:16.95 3:58.23	4:39.33 5:19.98	
2 Tanawit, Gaille Zenesth	17 OISST	5:36.55
36.19 1:17.35	1:59.56 2:43.15	
3:26.54 4:10.42	4:53.96 5:36.55	
3 NG, Kyle Wei Lin	17 Salabites Swim	5:42.46

**Event 318 Girls 18 Year Olds 400 LC Meter Freestyle**

Name	Age Team	Finals Time
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**A - Division**

1 Tionko, Kacie Gabrielle	18 Salabites Swim	4:51.15
32.97 1:09.37	1:45.98 2:23.35	
3:00.31 3:37.54	4:14.99 4:51.15	
2 Avergonzado, Joana Mae	18 PCS	4:57.67
33.04 1:09.64	1:47.07 2:25.09	
3:03.06 3:41.51	4:19.97 4:57.67	
3 Santiago, Riana Mara B	18 PCS	5:01.08
33.92 1:11.12	1:48.92 2:27.04	
3:05.61 3:44.76	4:23.58 5:01.08	

**B - Division**

1 Baluyot, Alyxandra Marie	18 Compas Aquatic	5:09.86
34.48 1:12.98	1:51.92 2:31.71	
3:12.53 3:52.70	4:32.92 5:09.86	
2 DE Luna, Aidepp Merriel	18 Killerwhale Elit	5:23.38
35.35 1:14.50	1:54.71 2:35.57	
3:17.12 3:59.56	4:41.59 5:23.38	
3 San Diego, Shinloah Yve S	18 PCS	5:24.95
34.58 1:13.31	1:53.44 2:34.72	
3:17.23 4:00.38	4:43.76 5:24.95	

**Non-Award Division**

--- Tong, Megan Zinyi	18 AHSC	NS
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**Event 318 Girls 19 & Over 400 LC Meter Freestyle**

Name	Age Team	Finals Time
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**A - Division**

1 Talosig, Jie Angela Mikael	20 Sayap Pirates	4:59.65
32.94 1:09.72	1:46.99 2:25.01	
3:03.47 3:42.27	4:21.19 4:59.65	
2 Amoguis, Liaa Margarette	19 AHSC	5:01.43
32.67 1:09.97	1:47.79 2:25.99	
3:05.42 3:44.91	4:23.75 5:01.43	

**B - Division**

1 Balbuena, Rio Rafaelle C	20 IEAST	5:05.49
33.94 1:12.30	1:51.18 2:30.34	
3:09.42 3:49.54	4:28.14 5:05.49	
2 Ang, Grace Marianne L	20 GSE	5:07.04
33.98 1:11.55	1:50.45 2:29.45	
3:09.00 3:48.84	4:29.00 5:07.04	
3 Barretto, Maria Francese	19 AHSC	5:08.34
33.78 1:11.61	1:50.41 2:29.65	
3:09.82 3:49.94	4:29.79 5:08.34	
4 Lapada, Trella Regina W	20 IEAST	5:27.28
36.52 1:17.25	1:58.37 2:40.78	
3:22.03 4:04.45	4:45.84 5:27.28	
5 Tongos, Katharine Chelse	19 FRSC	5:40.13
6 Francisco, Irish Chayzen	19 Water Dragon	6:04.47

**Non-Award Division**

--- Chua, Xiandi	25 FRSC	NS
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